

Vanicream Moisturizing Skin Cream Lotion and Ointment

Long lasting, easy to spread, soothing and quickly absorbed. Non-greasy, non-irritating, non-staining, does not cause acne. Use daily, as a night cream and for massage. Apply before exposure to wind or cold and after bathing, showering, swimming and sun exposure.



Vanicream Sunscreens SPF 30 / 50+ / and 35 Sport

Excellent FULL SPECTRUM protection from both UVA and UVB. Non-greasy, long-lasting oil-free and odourless. Free of PABA, benzophenones and preservatives. Zinc oxide prevents skin damage and aging.



Vanicream Lip Protectant SPF 30



Prevents moisture loss due to wind, cold, dry conditions, medication side effects and sun exposure. No flavouring or other sensitizing chemicals.

Allergy Canada sources and distributes the finest skin care products for people who need, or want to avoid many of the common chemical irritants found in ordinary products. **All these products are free of dyes, fragrance and masking fragrance, parabens, lanolin, formaldehyde and irritating preservatives.** Because we leave out these offensive ingredients, our products may be used by those with either normal or sensitive skin. You will find our products superior in terms of quality, effectiveness and value. Ideal for use by the entire family.

Be sure the products you use are free of these ingredients

Dyes

D&C yellow #11
FD&C blue #1
FD&C yellow #5
(tartrazine)

Parabens

benzparaben
butylparaben
ethylparaben
methylparaben
propylparaben

Fragrances

colognes
perfume
herb extracts
masking fragrances
plant, fruit and not oils

Lanolin & Derivatives

anhydrous lanolin
hydrogenated lanolin
lanolin alcohol
wool wax alcohols

Formaldehyde Release

bronopol
diazolidinyl urea
DMDM hydantoin
imidazolidinyl urea
MDM hydantoin
quaternium 15

Irritating Preservatives

methylchloro isothiazolinone
methyl isothiazolinone

Allergy Canada Ltd

Markham Ontario Canada L3T 7R9

For more Information on these and many other products and to Order contact us by phone, fax, mail, email or come visit our website.

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Fax: 905-763-7120 or 1-866-440-7683

E-mail: info@allergycanada.com

www.AllergyCanada.com



Allergy Canada Ltd

Specialty Sensitive Skin Products

To Soothe, Heal and Protect Your Skin,
Face, Hair and Body

For Infants, Children and Adults



Recommended by Physicians

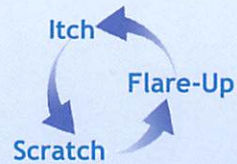
Dry, irritated, cracked, itchy,
blistering, peeling, chapped,
red and burnt skin

Eczema, Dermatitis, Psoriasis

Skin Care Daily Routine

Affected skin is dry and cracked. It cannot provide the necessary protection and the natural healing processes. Therefore even more water is lost.

To calm, control and break the cycle of



1. Soak completely in a tub of water at least once each day to get as much water into the skin as possible. The water should be clean and free of any soap, bubble bath, or any other additive.
2. The temperature should be comfortable-not too hot or cold.
3. Spend 15-20 minutes in the water.
4. When bath oil is used then the oil is added after most of the soak is done.
5. After the soak do not towel off, gently pat dry and immediately apply moisturizer. Moisturizer seals in the water and creates a barrier against water loss.
6. The cream or ointment should be applied several more times through the day and before going to sleep at night to decrease evaporation.

7. Apply prescription medications as directed by your doctor. You want to minimize the amount used as they can cause permanent skin changes. Lots of Vanicream moisturizer will reduce the need for medications.

8. All clothing, underwear, towels, and bedding should be 100% organic cotton. Clothing should be worn loose.

9. Keep the body cool, always take off layers when going into a warmer place. Avoiding sweating will reduce itch and rash.

10. Avoid or remove clothing tags, metal snaps, rivets and clothing seams, or anything that can rub the skin. Nickel free products are available.

11. All body washing, baths and showers should be done with soap free Free and Clear cleansers, shampoos and conditioners. Soap will remove natural oils and substances from the skin.

12. Getting the skin 'clean' in a bath or shower is separate from 'soaking' to hydrate the skin.

13. Laundering of bed-linens and clothes should be done with allergy reducing detergents

Find out what triggers your flare-ups!

Is it dust mites, fungus / moulds, food, pollen, animal dander, latex, elastic, nickel? Is it your Asthma or Hayfever. If you suspect that your skin is triggered by any of these consult your doctor and visit the Allergy Canada website for many other proven helpful products to reduce allergen and irritant exposures.



Vanicream Cleansing Bar, Free and Clear Liquid Cleanser, Shampoo and Conditioner Styling Gels and Hairsprays

Effectively cleans skin and scalp gently. Leaves skin fresh and soft. Unique formulae for all skin and hair types, permed and coloured. Controls oil and scales, nourishes and repairs damaged skin and hair.



RoBathol Bath Oil, Vitec Vitamin E Lotion, and Vanicream Shave Cream

Bath oil that soothes, lubricates and moisturizes. Based on biodegradable Cottonseed oil. High potency Vitamin E cream retards skin damage and sunburn. Shave cream protective barrier gives smooth, close, comfortable shave for irritated sensitive skin.

