

R PRESCRIPTION FOR ALLERGY MANAGEMENT

National and International Guidelines for the Management of Allergy Disease, Eczema and Asthma recommend environmental management to achieve disease symptom control and medication reduction.

<input type="checkbox"/> ALLERGY VACCINES "Allergy Shots" is the only intervention to actually change / cure allergies.	<input type="checkbox"/> MOULD MANAGEMENT Inhaling mould spores may cause asthma, allergic rhinitis and other allergic reactions. Contact can worsen allergic skin. Mould growth is encouraged by warmth and high humidity and can affect allergy sufferers year-round. It is imperative to use products that remove existing mould and prevent regrowth.
<input type="checkbox"/> EMERGENCY EPINEPHRINE INJECTION Allergy experts recommend two doses be available at all times for the treatment of anaphylaxis.	<input type="checkbox"/> CARPET ALLERGEN REDUCTION Carpets are the second leading source of allergens after bedding. Carpets can be cleaned with products designed to neutralize and remove dust mite and other allergens.
<input type="checkbox"/> AEROCHAMBERS Improve asthma medication delivery. The medication goes directly to the lungs and it's easy to use for all patient groups.	<input type="checkbox"/> LAUNDRY ELIMINATION OF MITES Current laundry methods and detergents allow house dust mites, house dust mite particles and dust mite feces to survive the wash cycles and return to the bed. Experts recommend laundry detergents and additives specifically formulated to kill and eliminate dust mites.
<input type="checkbox"/> DUST MITE ENCASINGS Allergen avoidance is an important part of relieving allergies. Do not just cover, but actually encase, the pillow, mattress, duvet and box spring with proven dust mite proof encasings.	<input type="checkbox"/> PET ALLERGY MANAGEMENT The pet allergy-causing material is protein present in the pet dander flaky skin cells and dried saliva. Dander triggers irritation, asthmatic symptoms, atopic dermatitis, rash and allergic reactions. Doctors recommend using products that neutralize, reduce and remove pet allergens.
<input type="checkbox"/> ECZEMA/ATOPIC DERMATITIS SKIN CARE Allergic skin symptoms are red, bumpy, scaly, itchy and swollen skin. Most skin care products include chemicals that can irritate the skin. Dermatologists recommend using products free of dyes, fragrances, parabens, lanolin and formaldehyde to treat dermatitis, hives and eczema.	
<input type="checkbox"/> SCALP/HAIR SENSITIVITY REDUCTION Dermatologists recommend avoiding the chemical irritants found in ordinary hair products. Use hair and scalp products that are free of dyes, fragrances, parabens, lanolin, protein, alcohol, preservatives or formaldehyde.	

Date: _____ Physician's signature: _____



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