



	YES	NO
1) Any changes in your periods?		
2) Are you having any hot flashes?*		
3) Are you having any vaginal dryness, pain or sexual concerns?		
4) Are you having any bladder issues or incontinence?		
5) How is your sleep? • New sleep difficulties		
6) How is your mood? • New or increased anxiety, irritability, depression or low mood		

\*In some populations women experience new joints pains instead of or in addition to vasomotor symptoms.

*A "yes" to question 1 requires further inquiry to determine if your patient may be perimenopausal or menopausal*

*A "yes" to questions 2, 3, or 4 indicate symptoms for which menopausal hormone therapies may be indicated*

*A "yes" to questions 5 or 6 suggest other symptoms that may be related to menopause which should be considered in treatment recommendations.*