



# Howden Medical Clinic

Urgent Care/Family Practice/Cosmetics

375 Howden Blvd, Unit 2  
Brampton, ON L6S 4L6  
www.HowdenMedicalClinic.com

Phone: 905-790-2666  
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## Consent for Medically Assisted Abortion

I, \_\_\_\_\_, consent to do a medical therapeutic abortion treatment by taking the pills given by Dr. Amir Khakshae, to terminate my pregnancy as I do not plan to keep the baby. I was given the options to go to the Brampton Women's Clinic to see the gynaecologist for medical or surgical abortion, and also to keep the pregnancy. However, I agree to receive the medicine from the treating physician at HMC.

I do not have any kidney, liver, heart or bleeding problems. I do not have an IUD in my uterus. As far as I know, I do not have any allergies to the prescribed medication. I do not take any blood thinners or corticosteroids, and I have informed the treating physician of any other medication, if being used.

I am aware that I will have bleeding and pain after taking the medication, which can be severe, and I will have access to a phone and a person to take me to the emergency room if that happens. I also know that I must follow up again with the treating physician in 2 weeks to be reassessed and repeat blood work for the pregnancy at 4 weeks. I understand that the medical abortion is very effective, about 95-98% in early pregnancy, but it may fail and I am open to proceeding to surgical abortion if needed. The medication is not effective for ectopic pregnancies and that is one of the reasons to make sure a follow-up consultation is done.

The medication is called **Mifegymiso** -Health Canada and FDA approved for the termination of an early pregnancy less than 9-10 weeks. The Mifegymiso® package contains two boxes: one box contains 1 tablet of mifepristone 200mg, which blocks progesterone production in the uterus. This is then followed, one to two days later by the second box 4 tablets of misoprostol 200mcg buccally to induce contractions and a miscarriage.

Common side effects are cramping abdominal pain, vaginal bleeding, gastrointestinal discomfort (ie. nausea, vomiting, diarrhea), headache, dizziness and fever. Major side effects are rare.



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Potential complications are incomplete abortion, hemorrhage, infection or death due to bleeding and/or infection. Bleeding may occur for 9-16 days.

You may have a very serious infection, even if you do not have a fever. Get medical help right away if you have abdominal pain or feel sick (ie. nausea, vomiting, diarrhea, weakness) more than 24 hours **after** taking the second drug (misoprostol), even if you do not have a fever. Also get medical help right away if you have heavy bleeding that doesn't stop, which may be a sign that your pregnancy has not ended or other serious medical problem(s).

If you do not want to get pregnant after ending your pregnancy, you must start using birth control right away. Tell your health care professional if you want to get pregnant again right after taking this medication. To decrease the chances of birth defects, avoid getting pregnant again before your next menstrual period.

Date: \_\_\_\_\_

Patient's Full Name: \_\_\_\_\_

Patient's Date of Birth: \_\_\_\_\_

Spouse's Name (if known): \_\_\_\_\_

Signature of the Patient \_\_\_\_\_

Signature of the Spouse \_\_\_\_\_